

RUB AL KHALI (CENTRAL OMAN)

TRIP AVAILABLE IN	JANUARY - DECEMBER						
TRIP DURATION	5 Day						
STARING PLACE	Nizwa						
FINISHING PLACE	Nizwa						
DIFFICULTY LEVEL	Level 2 : <i>Tours which can include full-day hikes (up to 800m elevation gain) and not too difficult aquatic hikes.</i> <i>We have cars with us during the whole tour ; if some persons do not want to do some hikes or</i>						
PRICE PER PERSON							
Number of Guests	2	3	4	5	6	7	8
Price per person in OMR	700	540	420	360	330	300	280
Price per person in USD	1832	1414	1099	942	864	785	733
STAFF FOR THE TRIP	from 1 to 8 Guests 1 Tourleader with the knowledge for guiding the activities of the trip from Day 1 to 5 1 Driver from Day 1 to 5 Cooking during bivouacs is performed by the whole team						
TRANSPORTATION	from 1 to 8 Guests						
For transfers mentioned in	2 4WD Car from Day 1 to 5						
PRICES INCLUDE	Transportations mentioned above Petrol Staff mentioned above All excursions and entrance fees mentioned in the program Breakfast on days..... 2, 3, 4, 5 Lunch on days..... 1, 2, 3, 4, 5 Dinner on days..... 1, 2, 3, 4 Water All overstays mentioned in the program on a double occupancy base, unless differently written in the trip program Camping Equipment (dome tents for 2 people, comfortable mattress, matt, crockery, cooking equipment)						
PRICES DON'T INCLUDE	Personal Expenses Drinks between meals Breakfast on days..... 6 Dinner on days..... 5 Transportation to starting place and from finishing place of the trip Eventual additional nights before or after the trip Tips for local team						
WHAT YOU HAVE TO BRING	Personal first aid Sun protection and insect repellent Sandals Sleeping Bag Headlight Toilet paper Light clothes Warmer clothes (jacket and trousers) Hiking boots and socks Walking sticks (optional : it can help you on some itineraries) Hiking bag (20-30L)						
ADVICE FOR TREKKERS	Oman is a mountainous arid country. All the paths are rocky and some are steep. Unless you are a experimented mountainer, or you are specially at ease in rocky terrains, it would be a good idea in Oman that you choose a level of difficulty a little under what you usually manage to do. You will still be able to see wonderful places and to perform very nice trekkings, but this will just prevent you from suffering and thus not enjoying your trip.						
ADVICE ABOUT THE GOOD WAY OF CLOTHING	Oman is a muslim country in which islam is strict but very open-minded and tolerant. You'll never see an Omani pointing out the way of clothing or behaving of a tourist. But all of them will appreciate to see that you try to adapt. FOR WOMEN : bring trousers or short trousers and t-shirts covering shoulders, as well as a t-shirt (and maybe a short) for swimming. Obviously, when we are alone in remote areas you can dress as you like. FOR MEN : bring trousers or long shorts. FOR ALL : bring a pareo or big towel to change your clothes, since nudity is not admitted... tatoos should also be covered.						